

HARNESSING GOD'S STRENGTH THAT TRANSFORMS YOU TO MAINTAIN
A HEART OF HUMILITY, BRAVERY, AND COMPASSION WITHIN.

The Mercy Girl's Guide to

SLAYING INSECURITY

LEAVING COMFORTABLE FOR COURAGEOUS

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If we left everything to our insecurities, we'd never show up for our lives. Insecurity is truly the condition of never "being enough". As long as we continue to hang in the balance of not smart enough, not brave enough, not attractive enough, and every other lie we've been convinced of, our potential will stay locked up inside of us.

We never move. We never show up. We may just take our potential all the way to the grave.

TRANSPARENCY TIME: For so many years I allowed insecurity to rule me untamed. I cared way too much about what others thought. I compared my own success or failures to those around me and almost seemed to embrace feelings of jealousy and resentment when my life wasn't where I thought it should be. It was ugly. Even though I didn't like the person I'd become, I had no clue how to stop or make it better.

A LOT has changed in recent years and God has shown me exactly how to harness His strength and power to slay my insecurity when it begins to creep in! Believe me, I'm often tempted to take my eyes off Him and compare my life to others, but it's getting easier with each passing day to show myself mercy, grace, and compassion as I navigate God's path for me.

The Mercy Girl's Guide to Slaying Insecurity reveals how to leave comfortable for courageous so you can be led by your purpose rather than your insecurities!

At the core, it's an issue of perspective.

- You overthink what you're not and underestimate what you are.
- You put an unworthy amount of power over your life into the approval of people.
- You rely on other people to accept you and what you're doing first because you haven't yet fully accepted yourself or God's purpose for you.
- You'll continue to see the success of others as a defect in yourself because you never believe you can step out on life the way they have.
- You may even be a critic of those stepping out and showing up because it deeply makes you uncomfortable. Deep down it highlights your cowardice.
- Just the thought of entering an arena where you'll be seen cowers you back to the sidelines.

Our insecurities will highlight every reason to retract, and the moment we try to take a step out it will fight to regain control through fear and self-doubt. People who deeply fear stepping out themselves will many times claw you back in because it triggers their own insecurities. This is why who you surround yourself with is so vital to your potential.

And let's be honest, some of us have become far too comfortable with our life of insecurity... staying stuck in our uncomfortable "comfort zone". We've made this mindset our home and have a love-hate relationship with it. And while it completely holds us

back, it also keeps us in that “safe” place where we’ll never be seen, therefore never risking failure or criticism.

Whether it’s writing a book, speaking to a crowd, changing careers, starting your own business, relocating, or even just introducing yourself to a stranger because the Lord laid it on your heart to do so, we’re either going to be comfortable or courageous; and our one and only life on this Earth will be the outcome of that decision.

Yes, it’s going to take some vulnerability. And yes, there is always a risk in being vulnerable.

Yes, you might fail one or two or a hundred times. Yes, some people around you will never understand or identify with this wholehearted life because they’d never dare to do it themselves.

I’m not talking about being reckless. **I’m talking about living a purpose-driven life when you know God has placed a direction in your heart. I’m talking about taking authority over your insecurity and no longer letting it write your story!**

LED BY YOUR PURPOSE

Here are seven realities every Mercy Girl embraces that enable her to be led by her purpose rather than her insecurities.

1. It will never happen if you wait until you and everything around you is perfect.

“And I am certain that God, who began the good work within you, will continue His work until it is finally finished on the day when Christ Jesus returns.” Philippians 1:6

Let's be perfectly clear on one thing: we are and always will be a work in progress. Until the day Jesus comes and we are with the Lord, there will always be more to learn, more growing to take place, and more wisdom and understanding to gain. There will always be ways we can improve. Waiting until you have come to the perfect place will have you waiting for the rest of your life.

Perfection is unattainable.

Don't get me wrong; there's a balance to this thing. Many times there's an ideal place that will put you in a better position to

launch, but even ideals must be reasonable and allow for some flexibility, God-willing. You must self-evaluate if your motive for not moving is because the fear itself exists. Give yourself a goal and work toward the standard you believe you're being called to but stop letting perfection hold you back.

2. Someone out there will benefit from what you know.

"For this reason I also suffer these things; nevertheless I am not ashamed, for I know whom I have believed and am persuaded that He is able to keep what I have committed to Him until that Day." 2 Timothy 1:12

In the meantime, never believe that what you have to offer is insignificant. There will always be someone out there who needs to hear the story you have to share. The seemingly insignificant value you feel you have to offer could make a big shift in the life of someone who has never encountered this themselves.

As you continue working with what you do have, you will grow deeper into your calling. How will you ever mature in this if you never step into experiencing it? At some point, you must begin to apply yourself, and it's never too early to start practicing.

3. Slow progress is still progress. Take it one step at a time.

“Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.” Hebrews 12:1

It can look like an overwhelming amount of process to pursue what God is calling us to. We usually want to rush (or skip) the process to arrive at our end result more quickly. (This has always been a HUGE struggle for me!) There is really no need to overburden yourself this way. Take it one step at a time, one day at a time, and you will make your way.

As long as you're moving forward and investing yourself into your calling, there will be something to show of your progress. Reduce the overwhelming stigma by making it practical. No matter how big or how small, do something day by day that will lead you there. Every choice you make leads you one step closer to where you want to be, takes you a step back, or keeps you stuck where you are.

4. You will make mistakes but they will make you better.

“Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.” 2 Corinthians 5:17

We hold ourselves back not because we don't have what it takes, we're held back by the fear of predicted failure. We don't step out because our “reputation” is on the line and we're bound by the acceptance of people, leading to a deadly combination. We're so quick to equate mistakes with failure we fear ever making one. And that keeps us from seeing the fruit our efforts could bear.

Did you know that Thomas Edison tried more than 10,000 times to invent the light bulb before becoming successful? When he was asked about his failures, Edison stated he knew *“definitively over 9,000 ways that an electric light bulb would not work.”* If we saw the amount of mistakes the people we admire made before fully grasping how to be proficient in the place they're in now, we'd find it much easier to give ourselves abundant grace in our own journey. Stop comparing your behind-the-scenes struggles with everyone else's highlight reel.

When you learn from your missteps and apply that wisdom to the next step of your life, it makes for a growing success. Don't be afraid to make mistakes; embrace the challenge to grow from them. Life will move past it and you'll be better for it.

5. Educate yourself on your skill set.

“An intelligent heart acquires knowledge, and the ear of the wise seeks knowledge.” Proverbs 18:15

The more understanding you have of your skill set, the more confident you will be in it. No, you won't know everything; but yes, you can commit to continuous growth and educate yourself. Take a business class. Enroll in a coaching program. Intern under a solid mentor. Read a book. Take a step that helps you learn more so you can be more.

6. Overcome the fear of what others think.

“The fear of man brings a snare, but whoever trusts in the Lord shall be safe.” Proverbs 29:25

Your calling is meant for you, not everyone else. Not everyone will get it and that's okay. Again, it's not for them. They weren't designed for this. You were. God didn't place it in their heart. He placed it in yours. If we left the plans and purposes of our life in the hands of people, our entire life would be conformed to what people want to see instead of who God made us to be, and that's no way to live.

Stop looking in a distorted mirror of what peers and partners and parents have said to you. Start repeating what God says about

you: "I am acceptable, I am lovable, I am valuable, I am forgivable, and I am capable."

7. You are not alone. Trust God within you.

I can't help but think of the story of David and Goliath. That kid talked a mean game.

"David replied to the Philistine, 'You come to me with sword, spear, and javelin, but I come to you in the name of the Lord of Heaven's Armies—the God of the armies of Israel, whom you have defied. Today the Lord will conquer you, and I will kill you and cut off your head. And then I will give the dead bodies of your men to the birds and wild animals, and the whole world will know that there is a God in Israel! And everyone assembled here will know that the Lord rescues his people, but not with sword and spear. This is the Lord's battle, and he will give you to us!'"
1 Samuel 17:45-47

What's so powerful about the God kind of confidence is knowing without a doubt that God is with you. It's what empowers us to confidently pursue these callings wholeheartedly and face these giants. We don't focus on ourselves. We focus on who God is. We rely on His hand. We rely on the indwelling of His Spirit to refine us. He goes before us, and we trust in His plan for our life. We trust that He will redirect us when we get off course and make a way when there is no way.

“What then shall we say to these things? If God is for us, who can be against us?... Yet in all these things we are more than conquerors through Him who loved us.” Romans 8:31;37

Our confidence doesn't come from what we're doing, but what God is doing in us. And if God is for us, what could ever stop us? We are MORE THAN CONQUERORS through Him!

I've met a variety of people who are considered highly successful according to the standards of the world. And yet many of them *feel* incompetent, insecure, and incapable.

How about you, mercy girl? Maybe you look at your life and think it's working. Sure, you have your problems, but compared to others, you're probably considered successful. Yet, inside there is still a gnawing insecurity, a lack of confidence, and a feeling of incompetence. Why is that?

It's because you're still listening to recordings from your past. You're replaying them in your mind on repeat. You're acting on the basis of things that people said to you twenty, thirty, forty years ago and they were no more true then than they are now.

Recordings saying things like, "You don't matter." God says, 'Yes, you do!' "You're a loser!" God says, 'No, you're not!' "You'll never amount to anything." God says, 'You are important to me!' It's time to quit believing those lies and start believing God. Quit looking in a distorted mirror of what peers and partners and parents have said to you. Start repeating what God says about you: "I am acceptable, I am lovable, I am valuable, I am forgivable, and I am capable."

What will you believe? What other people say about you or what God says about you?

Mercy girl, your purpose is never about what you can do. It is always about what God is able to do through you. Trust that He's working in your life and tell insecurity to step aside!

When God places His Spirit in our lives, it gives us confidence to leave comfortable for courageous so we can be led by our purpose rather than our insecurities! He enables us to harness His strength transforming us to maintain a heart of humility, bravery, and compassion within to slay insecurity!

If you're ready to get serious about your purpose and begin implementing Christ-centered changes that will help you overcome life's struggles while deepening your personal relationship with God, my Radically Driven group coaching program may be exactly what you need. It opens for enrollment just a few times a year... BUT, you can get a head start with the free resources I offer on my website and inside my [Hello Mercy!](#) Facebook group.

See you there!

Chrissy

MY BATTLE PLAN TO SLAY INSECURITY:

Below, write out your battle plan to begin slaying insecurity in your life!